

Lights, camera, interview: 6 tips to ace your video interview



1 Check your tech

Make sure your device is fully charged and check the audio (you might want to wear headphones). Check your camera and make sure the lens is clean. Download the video platform well before interview.

2 Choose the right location

Find a quiet, private and well-lit place to do the interview. Avoid communal spaces where you can't control background noise and choose a room with a clutter free background.

3 Dress the part

Although you're not going into an office, you still need to choose professional attire. This will help create a good impression and start the meeting off on the right foot.

4 Maintain eye contact

As tempting as it is to look at yourself on the screen, try and maintain eye contact. Your camera should be at eye level. Don't forget to smile and nod to show you're listening.

5 Don't rely on notes

Whilst it's a good idea to have a copy of your resume nearby, just as you would in an interview, don't be tempted to have prepared answers on your lap – we want to get to know the real you.

6 Make a great first impression

Now you're all set, it's time to focus on making a great first impression. Relax and remember to breathe!